

Knowledge is health

Sign up today for your free, convenient, and confidential health screening.

Why?

- **It's FREE.** Be Colorado is paying for a Lipid Profile with Glucose (total cholesterol, HDL, LDL, triglycerides, and blood glucose); a blood pressure test; height, weight, and waist circumference measurements; and a health assessment profile—a value of more than \$200. Free flu shots are also available.
- **It's convenient.** The screening is coming to your campus during work hours.
- **It prevents health problems before you show signs.** Many people only go to their doctor when they are sick. This health screening can identify conditions that may be putting your health at risk, even if you feel fine.
- **It's fun!** Working together as a community, we can support each other to maintain healthy habits. **And you will be automatically entered to win one of 10 new electric bicycles.**

Learn more at www.BeColorado.org.

Be Colorado
Well. Educated.

Monday	Tuesday	Wednesday	Thursday	Friday
September 24	September 25	September 26	September 27	September 28
	Boulder Campus ARC Building (Marine Street) Room 620 7 a.m. – 1 p.m.	Anschutz Medical E. Montview School of Pharmacy Room 1108 7 a.m. – 12 p.m.	Boulder Campus Rec Center Conference Rooms 1–4 6 a.m. – 12 p.m.	
October 1	October 2	October 3	October 4	October 5
	Denver Campus Lawrence Street Center 2nd Floor Terrace Room 6:30 a.m. – 11 a.m.	Colorado Springs University Center Berger Hall 7 a.m. – 12 p.m.	Anschutz Medical Research 2 Room 3109 6:30 a.m. – 12 p.m.	Anschutz Medical Health Sciences Library Reading Room 7 a.m. – 12 p.m.
October 8	October 9	October 10	October 11	October 12
		Denver Campus Lawrence Street Center 2nd Floor Terrace Room 6:30 a.m. – 12 p.m.	Anschutz Medical Academic Office 1 SOM—Room 5101 6:30 a.m. – 12 p.m.	Boulder Campus UMC Rooms 382, 384, 386 7 a.m. – 12 p.m.
October 15	October 16	October 17	October 18	October 19
		Anschutz Medical UPI Lily Marks Boardroom 6:30 a.m. – 12 p.m.	Colorado Springs University Center Berger Hall 7 a.m. – 12 p.m.	Boulder Campus Rec Center Conference Rooms 1–4 6 a.m. – 12 p.m.
October 22	October 23	October 24	October 25	October 26
	Anschutz Medical Research 1 North—2nd Floor Passageway between R1-North and R1-South 7 a.m. – 12 p.m.			
October 29	October 30	October 31	November 1	November 2
		Boulder Campus Fiske Planetarium Lobby 6:30 a.m. – 12 p.m.	Denver System Offices 1800 Grant Street 5th Floor Conference Rooms 7 a.m. – 12 p.m.	Boulder Campus UMC Rooms 382, 384, 386 7 a.m. – 12 p.m.