

### University of Colorado Faculty Council Cultivating Inclusion

Brenda J. Allen, PhD March 18, 2021 During the pandemic, have you had major concerns about any of the following? Check all that apply.

- Household responsibilities
- Mental health
- Physical health
- Technology access
- Racial strife in the U.S.
- Health of loved ones
- Workload

## **Cultivate?**

to foster the growth of; to improve by labor, care or study

## Inclusion?



### **EVERYONE** feels valued and respected

### Everyone = Dominant and Non-dominant groups



### Inclusion



# Thinking about your role with FC, how strong is your sense of inclusion?

- Very strong
- Somewhat strong
- Neither strong nor weak
- Somewhat weak
- Very weak

### Attitudes, Attributes and Resources for Cultivating Inclusion?

## Implicit bias



attitudes or stereotypes about individuals or groups that unconsciously affect our understanding, actions, and decisions

#### **MICROAGGRESSIONS** -- brief

slights, snubs, or insults that members of non-dominant or underrepresented groups experience from individuals who are often unaware that they have said or done something offensive.

#### RACIAL MICROAGGRESSIONS

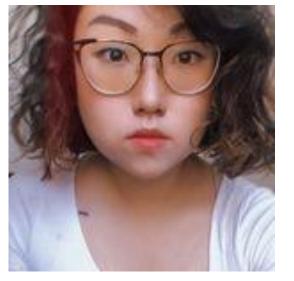


#### If you perceived a microaggression during a Faculty Council meeting, how do you think you would respond? Check all that apply.

- Say nothing then or later to anyone
- Say something to everyone during the meeting
- Discuss it later with someone who was present (other than the person whose behavior seemed like a microaggression)
- Apologize privately to the person(s) who is (are) member(s) of the targeted group
- Discuss it privately with the person whose behavior seemed like a microaggression
- Discuss it privately with the Chair of FC
- Discuss it later with someone not affiliated with FC
- Other (type in chat to me)

Responding to microaggressions (or other types of implicit bias)





"People from privileged backgrounds often say marginalized individuals are simply overreacting." Hahna Yoon

https://www.nytimes.com/2020/03/03/smarterliving/how-to-respond-to-microaggressions.html



#### **Consider intervening**





How to respond to microaggressions

https://www.nytimes.com/2020/03/03/smarter-living/how-to-respond-tomicroaggressions.html

Dear anti-racist allies: Here's how to respond to microaggressions https://www.cnn.com/2020/06/05/health/racial-microaggressions-examplesresponses-wellness/index.html

A Guide to Responding to Microaggressions <u>https://advancingjustice-la.org/sites/default/files/ELAMICRO%20A\_Guide\_to\_Responding\_to\_Microaggressions.pdf</u>

How to be an ally

https://www.insidehighered.com/advice/2016/04/13/how-be-ally-someoneexperiencing-microaggressions-essay

### STOP

### CONTINUE

START



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