

[When emergencies strike in the wilderness](#)[1]

Colorful Colorado is widely known for its 58 climbing peaks over 14,000 feet and year-round recreation including skiing, camping, fishing, hunting, mountain biking and a multitude of other outdoor activities. We are a state where the wilderness is a part of our lives.

But what happens when things go wrong? Do you have the skills to protect and care for yourself, friends and family when experiencing all the outdoor wonder in our state and beyond?

“[Wilderness First Aid](#)[2]” is the title of a new suite of courses on Coursera created by the Wilderness Medicine Division of the Emergency Medicine Department at CU Anschutz. These courses, known on Coursera as a specialization, are available to all CU faculty, staff and students through [CU on Coursera](#)[3].

This unique area of medicine covers how to respond to injuries and illnesses in low-resource settings (often referred to as “austere”), far from definitive care. If you are traveling to places where you can anticipate being far from patient care, the information in this course will be helpful to you and your fellow travelers.

Lead instructor Elaine Reno, M.D., is an emergency medicine doctor who has practiced and taught remote medicine in 35 countries. Senior instructor Todd Miner, Ed.D., has led climbs to the six highest summits in North America and led wilderness first aid and medicine classes or programs on six continents. Kellie Schiller assisted with the course, drawing on experience developing the pre-med wilderness medicine educational curriculum.

The inspiration for the course came through Section Chief Jay Lemery, M.D., who provided all project initiation and oversight. Lemery has served as a CU Anschutz campus liaison for the system office and initiated the highly successful MOOC “Become an EMT.” The [Become an EMT specialization](#)[4] launched in 2018, quickly becoming the health care hallmark of the learning platform at the onset of the COVID-19 pandemic. Angie Wright, M.D., who leads that specialization, also contributed as an instructor to the new Wilderness First Aid courses.

Wilderness First Aid and all other CU content on Coursera are available to all CU faculty, staff and students for free through [CU on Coursera](#)[3]. Additionally, certificate courses are offered directly by the Wilderness section at UCHHealth at <https://www.coloradowm.org/general-public/>[5]

[Regents announce committee member assignments for 2023-24](#)[6]

The CU [Board of Regents](#)[7] last week announced committee member assignments for the 2023-24 fiscal year.

The year’s schedule of committee meetings will be announced at a later date.

2023-24 Committee Assignments

Finance:

Nolbert Chavez, Chair Ken Montera, Vice Chair Glen Gallegos Wanda James

Audit:

Frank McNulty, Chair Ilana Spiegel, Vice Chair Nolbert Chavez Mark VanDriel

Governance:

Ilana Spiegel, Chair Glen Gallegos, Vice Chair Frank McNulty Lesley Smith

University Affairs:

Lesley Smith, Chair Ken Montera, Vice Chair Wanda James Mark VanDriel

Other:

Investment Advisory Committee: Ken Montera Foundation Liaison: Ilana Spiegel Auraria Board: Lesley Smith

[Heat waves are more dangerous than you think. Here's why, and how to stay safe.](#)[8]

[College of Business launches organizational social impact minor](#)[9]

[University of Colorado Denver signs historic agreement with Northern Arapaho Tribe](#) [10]

[Long COVID patients tell top officials that CU Anschutz saved them](#) [11]

[Johnson named Center for Leadership director](#) [12]

[Educator Diversity Research team secures key partnership to improve teacher diversity in schools](#) [13]

[Doctors of old 'Fitz' reunite for first time since Army base closure](#)[14]

[Denver Researchers Find New Ways That City Surroundings Worsen People's Health](#)[15]

[CU Boulder study: Reducing food waste may combat hunger over climate change](#)[16]

[How Colorado is trying to get more students with intellectual disabilities into college](#)[17]

Links

[1] <https://connections.cu.edu/spotlights/when-emergencies-strike-wilderness>[2] <https://www.coursera.org/learn/wilderness-first-aid-introduction>[3] <https://www.coursera.org/programs/cu-on-coursera-sqyue?authProvider=uofc>[4] <https://www.coursera.org/specializations/become-an-emt?>[5] <https://www.coloradowm.org/general-public/>[6] <https://connections.cu.edu/stories/regents-announce-committee-member-assignments-2023-24>[7] <https://regents.cu.edu/>[8] <https://connections.cu.edu/stories/heat-waves-are-more-dangerous-you-think-here-s-why-and-how-stay-safe>[9] <https://connections.cu.edu/stories/college-business-launches-organizational-social-impact-minor>[10] <https://connections.cu.edu/stories/university-colorado-denver-signs-historic-agreement-northern-arapaho-tribe>[11] <https://connections.cu.edu/stories/long-covid-patients-tell-top-officials-cu-anschutz-saved-them>[12] <https://connections.cu.edu/people/johnson-named-center-leadership-director>[13] <https://connections.cu.edu/people/educator-diversity-research-team-secures-key-partnership-improve-teacher-diversity-schools>[14] <https://connections.cu.edu/people/doctors-old-fitz-reunite-first-time-army-base-closure>[15] <https://connections.cu.edu/itn/denver-researchers-find-new-ways-city-surroundings-worsen-peoples-health>[16] <https://connections.cu.edu/itn/cu-boulder-study-reducing-food-waste-may-combat-hunger-over-climate-change>[17] <https://connections.cu.edu/itn/how-colorado-trying-get-more-students-intellectual-disabilities-college>