Get a sneak peek at changes coming this Open Enrollment[1]

Choosing the right health plans for yourself, your family and your lifestyle is the surest way to achieve your healthy ever after.

The coming weeks represent a good time to research the next chapter: Open Enrollment[2] is an important opportunity for University of Colorado faculty and staff to review upcoming changes, then compare their current coverage to their actual health care needs.

Faculty and staff have one opportunity each year to change their benefits, outside of certain qualifying life events[3]. Open Enrollment begins at 8 a.m. April 17 and ends at 5 p.m. May 5.

If faculty and staff would like to keep the same benefit choices, no action is required. They will be automatically re-enrolled in their current plans. There's one exception: Those with a Health Care Flexible Spending Account and a Dependent Care Flexible Spending Account must re-enroll for plan year 2023-24.

What's new?

There are six key changes to CU Health Plan offerings for the new plan year, beginning July 1:
CU's vision plan will increase the annual allowance for one pair of eyeglass frames or prescription contact lenses from $155 to $225 for each covered member. Fertility services will expand to all medical plans and cover up to three cycles of fertility treatments. Pharmacy benefits for all medical plans will change, with lower costs for generic drugs. Covered plan members with diabetes may be eligible to have insulin, generic medication and supplies provided by an in-network pharmacy with no copay. Brand-name diabetic medications will be subject to applicable copays, deductibles or coinsurance depending on the member's health plan. Out-of-pocket limits will increase for CU's Exclusive, Extended and Kaiser medical plans. CU Health Plan — Exclusive will see an increased individual deductible and copayments will increase for certain facility services.
Of these changes, pharmacy benefits represent the most significant plan changes. Overall, members will see lower costs on generic drugs and when ordering 90-day supplies via mail order. Costs for brand-name and specialty medications will increase for the Exclusive, Extended and Kaiser plans, and will remain the same or decrease for the High Deductible plan – depending on where a prescription is filled.

For Anthem-administered plans, changes in how to fill maintenance and specialty medications will be required. CVS Caremark will contact any affected plan member to ensure a smooth transition into the new plan year.

For more detail on pharmacy changes, new refill requirements and all other plan updates, visit the What's New? webpage[4].

Rates for 2023-24

Monthly medical plan rate increases will vary by plan and coverage level, with CU continuing to pay between 80% to 100% of all benefits costs. All plans emphasize preventative care by providing those services at no cost to covered members.

High Deductible plan rates will not increase for any coverage level. Dental, vision, life insurance and disability insurance monthly rates will not change.

The Exclusive, Extended and Kaiser medical plans will see rate increases — ranging from $14 to $48.50 per month depending on the plan and coverage level (single, employee and spouse, full family, etc.). These rate increases are driven, in part, by factors such as inflation, overall plan utilization, newly required fertility treatment coverage, as well as the CU Health Plan covering ongoing COVID-19 vaccination costs following the end of federal and state public health emergencies.

For individual coverage, monthly rates for the High Deductible medical plan and the Essential dental plan will remain

$0.

Please visit the rates webpage[5] to view the rate sheets for upcoming plan year.

Looking to plot a new direction? We can help

Start your Open Enrollment planning by taking the Basics of CU Health Plans[6] on-demand course. This resource, available in English and Spanish, will re-familiarize enrollees with the covered services, limitations and costs of each health care plan — medical, dental and vision — as well as available health care savings options.

Faculty and staff are encouraged to visit the Open Enrollment virtual fair beginning April 17. They will be able to access detailed information, courses and videos that explain plan options and new plan features.

Also, join plan experts for webinars from April 24-28[7]. During these sessions, plan representatives from Anthem, Kaiser, Delta Dental, CVS Caremark, and the Ovia and WINFertility will present the key features of their plans and services, highlight any new benefits and answer audience questions.

Faculty and staff must make their plan selections by 5 p.m. MDT May 5.

New laser-based breathalyzer sniffs out COVID, other diseases, in real-time [8]

CU Police: From army barrack to first Net Zero building [9]

Board of Regents committee to have information session, including public comment, on campus safety and weapons policy[10]

The CU Board of Regents' University Affairs Committee will have an informational session on campus safety and the university's weapons policy, which will include the opportunity for public comment, when it meets April 18.

Campus safety is a critical issue for the Board of Regents and the entire university community, said Board of Regents Chair Lesley Smith. At the board's regular meeting on Feb. 9, several CU students encouraged the board to reverse the university's weapons policy, articulated in Regent Policy 14.I[11], which allows those with a state concealed carry permit to possess handguns on campuses (with the exception of most residence halls and ticketed cultural and athletic events). One student spoke in favor of the current policy. Colorado's concealed carry law was extended to CU's campuses after the state Supreme Court ruled against CU in 2012 in an appeal of a lawsuit won by Students for Concealed Carry, which in earlier legal actions argued that CU's weapons policy violated Colorado's Concealed Carry Act. In 2022, the Colorado legislature passed a bill that returned the authority to set weapons policies to university governing boards.

At the board's Feb. 9 meeting, Smith referred the issue to the University Affairs Committee for an informational session regarding campus safety, including the weapons policy. The meeting, from 1-3 p.m. Tuesday, April 18, will be conducted via Zoom webinar and also livestreamed; a complete agenda will be posted on BoardDocs[12] by April 14. The meeting will have two parts: in the first, the committee will hear proposals for four new degrees, which the committee could send to the full board for consideration at its regular April 27-28 meeting.

The second part, beginning at approximately 1:40 p.m., will be a discussion on campus safety, including the weapons

policy.
No resolutions will be proposed and no votes will be taken at the meeting. The purpose of the session is to give the campuses and their safety professionals the opportunity to provide information to the committee. The committee chair will acknowledge materials submitted by the public and contained in BoardDocs. (procedures below) Campus safety representatives will provide information regarding campus safety. Regent committee members and other regents in attendance can ask additional questions of the campus safety representatives. The committee chair will welcome public comment at the end of the committee meeting. (procedures below)
Procedures

Submitting materials for BoardDocs

Documents, including resolutions, reports and materials relevant to regent discussion of the issue before the committee may be emailed to CUBoardofRegents@cu.edu[13].
Those submitting materials should note their name and the authors of the materials. Anonymous materials will not be posted. Materials submitted will be posted publicly in BoardDocs. Submitted materials will remain part of the permanent record available to the board. Please indicate “University Affairs Committee” in your email subject to help us identify the email.
Public Comment

The University Affairs Committee will include live public comment at its April 18 meeting. Public comment will be limited to 2 minutes per speaker.

Please let the Board of Regents Office know by noon April 17 if you would like to sign up by following the procedures listed below. This is not a guarantee of participation.
Those wishing to sign up for live public comment should send an email to CUBoardofRegents@cu.edu[13]. Please write “live public comment” in the subject line to help identify your email. Include the following information in your email: Your name; Organization represented or description of who you are (e.g., UCCS student government) Position you wish to advocate (e.g., for or against the existing weapons policy) A meeting administrator will contact you with more information. During the meeting, a meeting administrator will admit you to the panel when it is your turn to speak. If time constraints do not allow all who signed up for public comment to speak, or if you do not wish to speak at the meeting, you may submit a written statement to the board via email at CUBoardofRegents@cu.edu[13]. Please indicate your email is for “public comment.” Submitted materials will remain part of the permanent record available to the board. Detailed reports and resolutions will be included in BoardDocs and should not be read during public comment.

Registration now open for COLTT 2023[14]

COLTT 2023 is chomping at the bit to announce that registration for the conference[15] is now open.

Join us Aug. 3 for a one-day only event packed with groundbreaking sessions, quick takeaways, and insights that will put you at the forefront of technology and education.

Harness the power of artificial intelligence: COLTT 2023 brings together educators, researchers and administrators to discuss the latest developments and best practices in AI for education.

Keynote speaker Beth Rudden[16], a renowned expert on the cutting edge of AI, will share her insights and expertise and provide valuable guidance as you explore new tools, techniques and strategies to enhance learning outcomes and revolutionize the educational landscape. It’s time to take the reins and harness the power of AI!

New one-day-only foalmat: We’ve revamped our conference format to deliver an action-packed, single-day experience. Get ready for a fast-paced, high-impact day filled with knowledge, networking and innovation – no horsing around!

Exciting deep-dive sessions – mane attraction: Our expert-led, deep-dive sessions will explore the various implications of AI in education. Learn from thought leaders and practitioners who are transforming the way we teach, learn and collaborate. These sessions are sure to be the mane event of the conference!

Quick takeaways for immediate impact – straight from the horse's mouth: No time to waste? Our quick takeaway sessions will provide you with practical activities and assignments you can implement right away. Boost your skills, knowledge and effectiveness in the rapidly evolving world of AI in education.

Limited seating – don't stall, reserve your spot today: With limited seating available, spots will fill up faster than a Thoroughbred. Secure your place at COLTT 2023 now and be part of the AI in education revolution.

Register now[17] and get ready to gallop into the future of AI in education at COLTT 2023!

We can't wait to see you there!

UCCS launches equitable access textbook program [18]

Panel discussion, 'Education Justice and Democracy,' set for April 20 [19]

Study shows involuntary displacement of people experiencing homelessness may cause significant spikes in mortality, overdoses and hospitalizations [20]

Semester's last CU on the Weekend, 'How GPS Changed Everything,' is Saturday [21]

Gov. Polis to give CU Boulder commencement address [22]

Miller to deliver Distinguished Research Lecture on April 20 [23]

Doty named associate vice chancellor for health and wellness [24]

NASA's James Webb Space Telescope revealing new details of the early universe[25]

Is Colorado ready to serve English learners under new universal preschool?[26]

Colorado doctors, advocates tackle “pervasive” health misinformation head-on[27]

Links
[1] https://connections.cu.edu/spotlights/get-sneak-peek-changes-coming-open-enrollment[2] https://www.cu.edu/employee-services/open-enrollment[3] https://www.cu.edu/employee-services/benefits-wellness/current-employee/life-changes[4] https://www.cu.edu/employee-services/open-enrollment/whats-new[5] http://www.cu.edu/rates[6] https://www.cu.edu/employee-services/benefits-wellness/basics-cu-health-plans-and-pretax-savings[7] http://www.cu.edu/employee-services/open-enrollment#sessions[8] https://connections.cu.edu/stories/new-laser-based-breathalyzer-sniffs-out-covid-other-diseases-real-time[9] https://connections.cu.edu/stories/cu-police-army-barrack-first-net-zero-building[10] https://connections.cu.edu/stories/board-regents-committee-have-information-session-including-public-comment-campus-safety-and[11] https://www.cu.edu/regents/policy/14[12] https://go.boarddocs.com/co/cu/Board.nsf/Public[13] mailto:CUBoardofRegents@cu.edu[14] https://connections.cu.edu/stories/registration-now-open-coltt-2023[15] https://web.cvent.com/event/5c77755c-b637-459f-9a3f-2c996d54ef07/websitePage:f8da4d0d-4ed9-4c67-a06f-493deb38ce5d[16] https://www.linkedin.com/in/brudden/[17] https://cvent.me/lL8P01[18] https://connections.cu.edu/stories/uccs-launches-equitable-access-textbook-program[19] https://connections.cu.edu/stories/panel-discussion-education-justice-and-democracy-set-april-20[20] https://connections.cu.edu/stories/study-shows-involuntary-displacement-people-experiencing-homelessness-may-cause-significant[21] https://connections.cu.edu/stories/semester-s-last-cu-weekend-how-gps-changed-everything-saturday[22] https://connections.cu.edu/people/gov-polis-give-cu-boulder-commencement-address[23] https://connections.cu.edu/people/miller-deliver-distinguished-research-lecture-april-20[24] https://connections.cu.edu/people/doty-named-associate-vice-chancellor-health-and-wellness[25] https://connections.cu.edu/itn/nasas-james-webb-space-telescope-revealing-new-details-early-universe[26] https://connections.cu.edu/itn/colorado-ready-serve-english-learners-under-new-universal-preschool[27] https://connections.cu.edu/itn/colorado-doctors-advocates-tackle-pervasive-health-misinformation-head